

Andrea Marie Fornarola

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University Degree & Current Certifications

University at Buffalo: Bachelors of Fine Arts Degree in Dance: Comprehensive in Dance Education, Performance and Choreography- additional concentration in Musical Theater Dance:

Magna Cum Laude: May, 2002

Additional Studies: Teaching Methods, Research in Dance: Production and Performance, Internship in Dance Teaching, Performance Company and classes, Independent Studies in Directing and Choreography, Dance History, Technical Theater

Fitness and Dance Certifications:

Lotte Berk, Zumba, AFAA Primary Group Fitness, CPR

Fitness and Dance: Group and Private Instruction

Consulting:

2010 Elements Fitness and Dance, LLC: NY, NY

Owner and Operator of Fitness and Dance Based Consulting Service Company
Customized Fitness programs new and existing fitness studios, Fitness Based Dance Class Consultant, Program Development and Implementations

Projects and Include: Barre Strength NY Saratoga Springs, NY, Greenwich Club Residences, NY, NY

Group Fitness Instruction:

Physique 57 Fitness Instructor: NY, NY

Classes based in The Lotte Berk Method/ Trained and certified to teach method
Celebrity/ High Profile Trainer in Top Manhattan Studio
Featured in *Shape* Magazine

Zumba Certified Fitness Instructor: NY, NY

Trained and Certified to Teach Method

Group Instructor/Private Teacher Fitness & Dance: Manhattan/Greenwich Club Residences NY, NY

Abs Lab Class, Cardio Jazz Funk Class, Cardio Barre, Stretch and Strengthen

Dance and Wellness Outreach- David Hochstein School of Music and Dance: Rochester, NY

Instructing inner city children and adults in all idioms of dance, Pilates, and yoga.

Pilates and Yoga Instruction: NY, NY

Maspeth Senior Center, Queens, NY- Self Help Program: Gentle Yoga and Pilates
Hochstein School of Music and Dance, Rochester, NY: Hatha Yoga and Pilates Mat

Master Dance Instructor, Teaching Artist and Choreographer:

2009-2010 Concordia College and Conservatory: Bronxville, NY

Music Theatre Dance Instructor and Choreographer

2004-2009 CT Youth Ballet: Westport, CT

Head Ballet Instructor, Musical theatre and Jazz Master Teacher

2004-2008 Regional Center for the Arts, Fairfield County Magnet High School: Trumbull, CT

CES Magnet High School servicing Fairfield County- Instructed Dance, Music Theatre, Pilates, Acting

2004-2007 University at Buffalo Dance: Master Class Series

Instructing college and professional students as a guest artist

2004 Dance Outreach Program Developer: Norwalk YMCA, Norwalk, CT

Program Development, Head Instructor, and Coordinator for inner city dance outreach program

2003-2004 Broadway Dance Center Children and Teen Program: New York, NY

2002, 2003 International College Music Theatre Workshop Artist: Asheville College, Harrogate, UK

Master Teacher and Choreographer: Asheville College, Harrogate, UK

Please See Reverse

Performance Experience Theatre and Dance

STAGE / THEATER

Masterpiece 2011	Edgar Degas/Feature Dancer	Melissa Mahon/Broadway Bares, New York, NY
Grease	Feature Dancer	Ashville Theatre: Harriogate, United Kingdom
Once Upon a Mattress	Feature Dancer	Regional Center of the Arts: Trumbull, CT
How to Succeed in Business	Feature Dancer	Regional Center of the Arts: Trumbull, CT
Damn Yankees	Lola	Regional Center of the Arts: Trumbull, CT
West Side Story	Graziella	Naples Dinner Theatre: Naples, FL
Hello Dolly	Ermengarde	Naples Dinner Theatre: Naples, FL
Chicago	Hunyak	Naples Dinner Theatre: Naples, FL
Best Little Whorehouse in Texas	Feature Dancer	Naples Dinner Theatre: Naples, FL
Evita	Aristocrat/Feature Dancer	Naples Dinner Theatre: Naples, FL
Walt Disney Magic Music Days	Feature Performer	Magic Kingdom, Disney World: Orlando FL
Musical Theatre Review	Feature Performer	
Borgata/Farrington Productions/ Opera of King David	Feature Dancer	Las Vegas, NV & Atlantic City, NJ
Danceation Circ Spectacular	Feature Dancer	Buffalo Opera Company: Buffalo, NY
Fosse Review	Feature Dancer	Dancesation Productions: New York, NY
Godspell	Choreographer	Buffalo City Curtain Up: Buffalo, NY
		Playhouse on the Green: Bridgeport, CT

CONCERT DANCE

Interactive Theatrical Design Main Street Direct	Choreographer/Dancer	New York, NY
Steps Emerging Artist Showcase	Feature Dancer/choreographer	New York, NY
Dance New Amsterdam Showcase	Feature Dancer/choreographer	New York, NY
Zodaique Dance Company	Feature Dancer/ Soloist	Buffalo, NY
StudioWerks Dance Ensemble	Feature Dancer/Soloist/ Choreographer	Buffalo, NY
Gus Giordano Jazz Dance Chicago	Summer Work Study	Chicago, IL
Doug Varrone and Dancers	Summer Apprentice	New York, NY
Taylor II Dance Co.	Residency Apprentice/Performer	Buffalo, NY
ABT II	Residency Apprentice/Performer	Buffalo, NY
Bill T Jones	Residency Apprentice/Performer	Buffalo, NY
The Nutcracker	Mouse King/ Spanish Chocolate/ Soloist	Darien, CT
Sleeping Beauty	Blue Bird Variation/ Aura US/ Soloist	Westport, CT
Choreographer Showcase	Soloist/ Feature Performer/ Choreographer	Darien, CT

TV/Film

Rescue me	Featured Background	New York, NY
Nurse Jacki	Stand In	New York, NY
Royal Pains	Featured Background	New York, NY
Damages	Featured Background	New York, NY

Technical Training

Ballet: *Vaganova Method, Pointe, and Pas de Deux*

Modern: *Limon, Graham, Horton, Post Modern and Release Techniques*

Jazz: *Luigi, Mattox, Lewis, Cole, and other Contemporary Techniques*

Tap: *Classic and Contemporary Training*

Musical Theater: *Rep by Bob Fosse, Jerome Robbins, Ron Field, Agnes de Mille, Michael Bennet*

Social Dance: *Fox Trot, Waltz, Tango, Meringue, Mambo, Cha Cha, East and West Coast Swing, Hustle*

Mind and Body Centering Techniques: *Pilates, Feldenkrais, Yoga, Message Therapy Techniques*

Acting Techniques: *Sense Memory, Misner techniques*

Vocal: *Musical Theatre Vocal production, Voice lesson and strengthening*

Honors

Magna Cum Laude Graduate- University at Buffalo
 University at Buffalo Dance Talentship Award
 Golden Key National Honor Society
 Phi Eta Sigma National Honor Society
 Wegman Scholarship Award

References available upon request

